



what questions would you like to ask?

SEND THEM IN 'TO HOST' VIA THE CHAT BOX
AND WE'LL TRY OUR BEST!



Dundonald
CHURCH

PONDER ON THIS

HOW SPECIFICALLY
WOULD YOU LIKE YOUR
GROUP TO GROW IN
CHRIST THIS COMING
YEAR?

Dundonald
CHURCH

COMING UP



Dundonald
CHURCH

WHAT IS THE POINT OF SMALL GROUPS?

SOME OPTIONS..

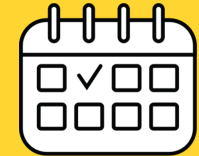
STUDY



COMMUNITY



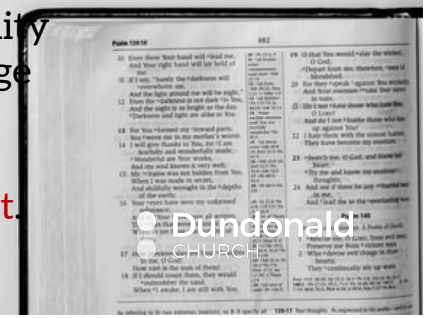
MEETING



GROWTH



So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, 12 to equip his people for works of service, so **that the body of Christ may be built up** 13 until we all reach unity in the faith and in the knowledge of the Son of God and **become mature, attaining to the whole measure of the fullness of Christ.**





GROWTH



*Prof. Carol Dweck,
'Growth Mindset'*

 **Dundonald**
CHURCH

A helpful illustration?

How do we naturally approach small group leading?

Willing to grow?



GROWTH MINDSET

- "Failure is an opportunity to grow"
- "I can learn to do anything I want"
- "Challenges help me to grow"
- "My effort and attitude determine my abilities"
- "Feedback is constructive"
- "I am inspired by the success of others"
- "I like to try new things"

FIXED MINDSET

- "Failure is the limit of my abilities"
- "I'm either good at it or I'm not"
- "My abilities are unchanging"
- "I don't like to be challenged"
- "I can either do it, or I can't"
- "My potential is predetermined"
- "When I'm frustrated, I give up"
- "Feedback and criticism are personal"
- "I stick to what I know"

 **Dundonald**
CHURCH



PONDER ON THIS

How specifically would you like to GROW as a (co-)leader this year?

 **Dundonald**
CHURCH

what questions would you like to ask?

SEND THEM IN 'TO HOST' VIA THE CHAT BOX AND WE'LL TRY OUR BEST!



 **Dundonald**
CHURCH

Groups that Care

Working well as a wider pastoral team

Remembering our call

Ephesians 4: In the mess of a fallen world, we are designed to

- V1 Live a life worthy of the calling.
- V2-3 Share lives - V 11 And by using our gifts - V12 We are called to equip his people for works of service.
- V13 Become mature - V15 As we speak the truth in love - V22-24 And, together, put off our old self and put on the new - V25-32 So we can live transformed lives.

Realising our tendencies

The pastoral care menagerie

- Ostrich – “I don’t really want to know”
- Beaver – “Give me a minute, I’ll fix it all!”
- Hippos – “It’s all too much, I’m just going to sit here in the mess”
- Meerkat – “We’re only seconds away from the next crisis. Panic!”
- Dormouse – “I’d love to help but I’m way too exhausted to enga... zzzZZZZ”
- Sheep – “I’m just going to keep walking alongside the other sheep, utterly confident in the leadership of our Shepherd”

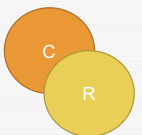
Readjusting our expectations

As small group leaders we are NOT expected to:

- Fix people / situations
- Be pastoral experts
- Carry burdens alone

As small group leaders we ARE expected to:

- Genuinely know how group members are doing
- Pray, encourage, offer practical support and help people turn to God
- Enjoy working with the wider pastoral team. (Mentioning everyday struggles – eagerly referring the more severe – confident of corporate confidentiality).



Referring to the wider team

A flexible trio of help and expertise! We're family, so please get in touch with whoever you prefer. But here are our strengths:

TRAINERS: stress / common parenting struggles / short term ill health / mild anxiety

PASTORAL STAFF: bereavement / unemployment / moderate anxiety / occasional porn use / chronic ill health / miscarriage / marriage stress

CARE TEAM: addictions / severe anxiety or depression / domestic abuse / debt / homelessness risk / asylum process



Resourcing ourselves

<https://dundonald.org/good-news-for-real-life/>

