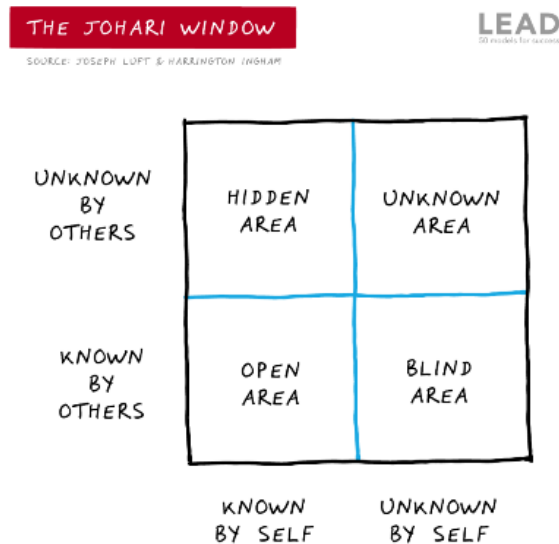


Self-Leadership

Titus 2: 6

1. You are the most important person you will ever learn to lead.
2. You are the hardest person you will ever learn to lead



In order to lead yourself, you are going to need to be able to do four things.

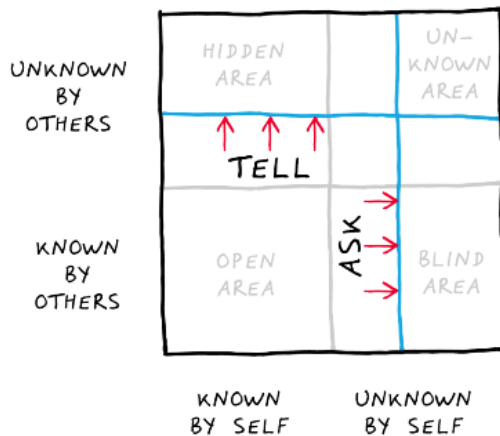
1. Know Yourself

Ask yourself key questions.

1. Who are you?
2. What do you like?
3. What energizes you?
4. What are you good at?
5. What are you bad at?
6. What drains you?
7. What relaxes you?
8. What recharges you?

THE JOHARI WINDOW

SOURCE: JOSEPH LUFT & HARRINGTON INGHAM



LEAD

50 models for success

THE BIG FIVE



THE FIVE FACTORS	MEASURES	HIGH	LOW
EXTRAVERSION	Where you get your energy from	Warm and sociable. Draw energy from social interaction. Potentially perceived as attention seeking or domineering.	Interacting with others drains you. Can be reserved and reflective. May be perceived as aloof or distant.
AGREEABLENESS	Ability to get on with others	Trusting, patient and altruistic but can be seen as naïve or submissive.	Competitive or challenging people who can also be seen as argumentative and untrustworthy!
CONSCIENTIOUSNESS	Approach to tasks	Reliable, organised and like to keep the rules. Prepared to delay gratification, have self-discipline and like to plan. Perhaps seen as stubborn or obsessive.	Flexible and spontaneous. Potentially thought of as sloppy and unreliable.
EMOTIONAL STABILITY	Emotional range	Calm and secure. Potentially seen as uninspiring or unconcerned.	Excitable, reactive and dynamic individual. But also, potentially nervous, pessimistic and unstable.
OPENNESS TO EXPERIENCE	Preference for familiarity	Insightful, imaginative and wide range of interests. Like to try new things, happy to be vulnerable and have ability to think outside the box.	Gain fulfilment through perseverance. Seen as pragmatic and date driven. Potentially dogmatic and closed-minded.

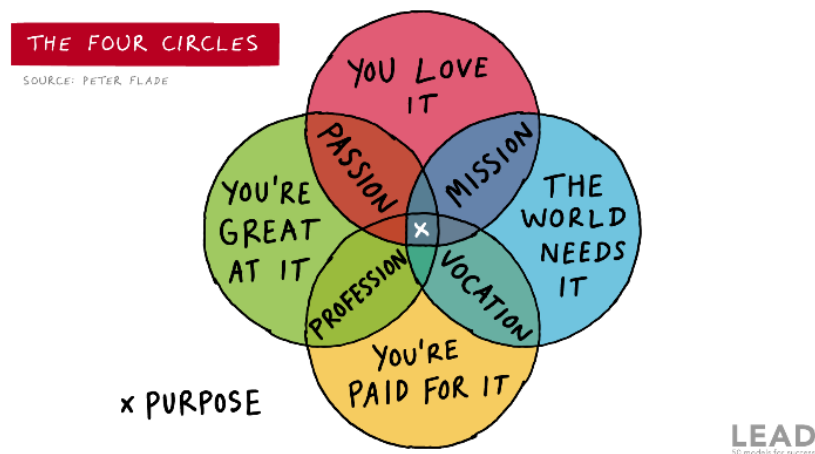
2. Be Yourself

3. Motivate Yourself

'What bosses and leaders can do for you is seek to energize you. They might remind you why you started in the first place, what it is you're trying to achieve, why it's worth it, or what God has to say about it. Leaders and bosses can do their best to make sure the environment and systems aren't frustrating – or that they're at least minimally frustrating. They can do their best to do what they say they'll do. In effect, they can do a lot to try to make sure you're not demotivated. But they can't actually motivate you' Craig Hamilton p 88.

What can you do to motivate yourself?

'It's a matter of reminding yourself, of preaching to yourself, about why you started in the first place. Remind yourself what you're trying to achieve. Preach to yourself about why it's worth it and what God has to say about it. Discipline yourself to call to mind specific examples of why what you're doing is valuable and important. And then? Discipline yourself to actually do these things' Hamilton p89



4. Interview Yourself

Is my character submitted to Christ?
Is my commitment solid?
Is my vision clear?
Is my passion hot?
Is my pride subdued?
Are my fears in their place?
Is my own personal baggage in check?
Is my pace sustainable?
Is my zeal to serve developing?
Is my heart for God increasing?
Is my capacity for loving people deepening?
Am I playing to my strengths?
Am I still learning?
Does my family recognize me?