



PLANTING PITFALLS



Momentum stealers to avoid

1. Unfit for Purpose:
ensuring you grow as a
Christian Leader



Spiritual, Physical and Mental Health of Planter and Family

1. the internal battle to overcome pride, self-reliance, drivenness and an uncoachable attitude;
2. loneliness and isolation (lack of fellowship, disconnection);
3. mistrust (fear, cynicism, competition);
4. lack of rest;
5. difficulty maintaining joy (discouragement, lack, hopelessness)

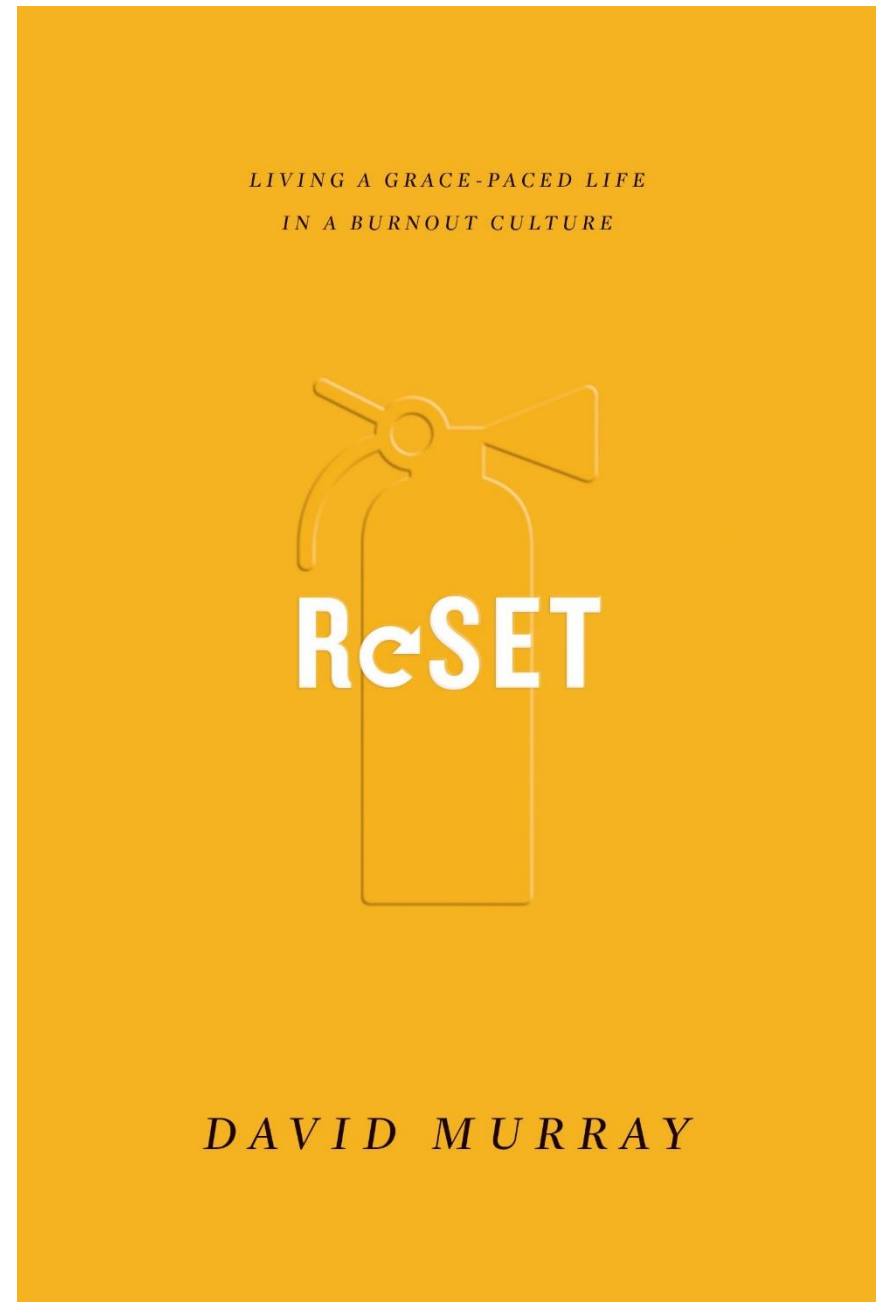
Avoiding post-crisis burnout

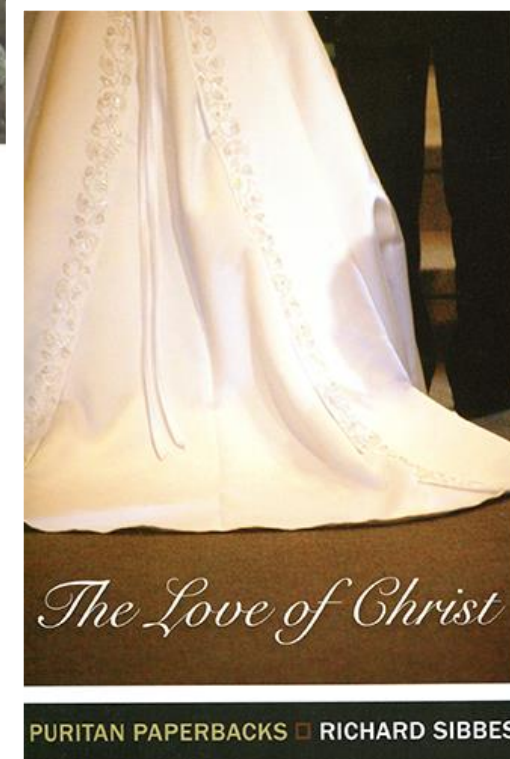
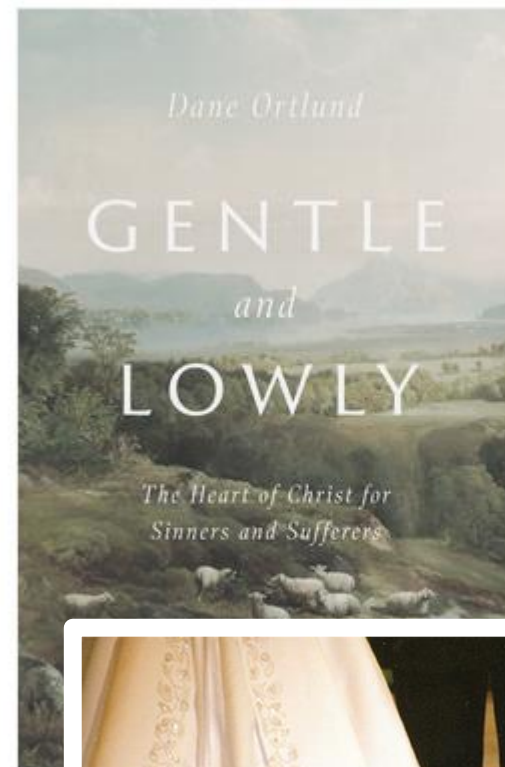
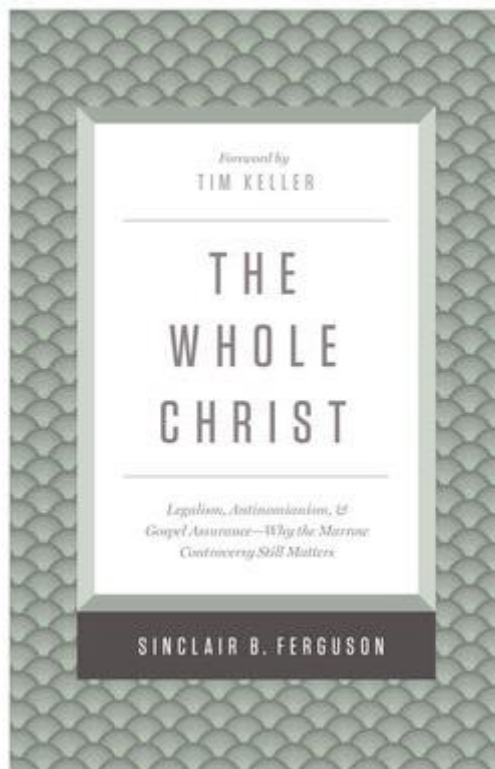
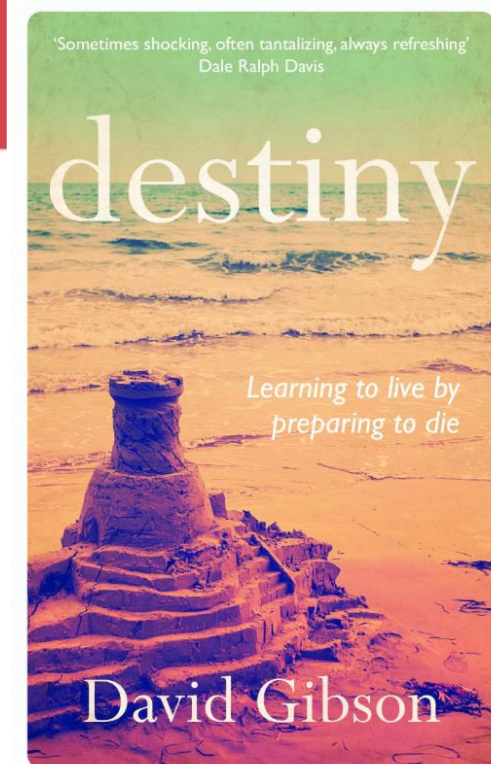
1. Extraordinary prayer - Psalms
2. Resilience without stoicism – God-centred lament, resurrection
3. Radical refocusing – question everything but the Bible
4. Gospel resolve – Esther, Shammah

Keller, 6 April 2020



- Physicality
- Exercise
- Sleep
- Study
- Having a plan
- Friends
- Growth mindset - yet





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- Where are you feeling stuck?